

**HARROW LAWN TENNIS CLUB
JANUARY/FEBRUARY 2011**

NEW PLAYERS FOR 2011

Olympian Joins Club

Harrow Lawn Tennis Club (HLTC) is cruising through the winter season, despite being hampered by the weather at times. Intra club tournaments continue for teams, singles and doubles, with many regular players participating.

There are several new players joining the club. In **Elaina Forland's** adult beginners' class we have **Yamile Aldama** (see picture). Yamile competed in the Olympics in Atlanta, Sydney, Athens and Beijing as a triple jumper. Her best results were 4th and 5th. 'It's frustrating to be so close to the medal places' she said. After a two year break she is back training for the 2012 games and hopes to compete at full strength since recovering from an Achilles injury.

Yamile took up tennis last year after having her first baby, Diego, now 5 months old. 'I wanted to stay fit, be outdoors and learn a new sport. I'd always loved watching tennis, but had never played. I'm really enjoying it and I'm keen to improve.' Coach Elaina says 'She's very fast around the court, has excellent hand-eye coordination and powerful shots.'

Apart from weekly group lessons on Wednesdays and Saturdays, Elaina and Yamile have had some private sessions as well. HLTC members can play each day at the courts up to 2pm. In the summer months, members can also play from 6.30pm.

Other players in Elaina's Wednesday and Saturday groups are a mixture of beginners and veterans who are returning to the game after a break. These adult group sessions are a good way to brush up on skills, gain confidence and mix with players of a similar standard. It is hoped that Yamile and fellow group members Andy, Christina, Rachel, Angela and Pauline will join the regular club players very shortly.

There were several social gatherings before and after the New Year. The popular **annual quiz night** was held on 29 January with over **£1000 raised for Cancer Research UK**. Ex club president Roger Fraiss and his wife Fiona have been quiz masters for this annual event for approx 15 years. In the last four years the quiz night has been held at Harrow School's Social Club which allows HLTC to use their facilities free of charge for this event. Bill Whitehead, Social Club Treasurer and Kim Mundy, Social Club Secretary both provide full support and are very involved with the overall running of the evening. The local business community donate raffle prizes, The Doll's House (voucher tea for two), La Collina (voucher meal for two), and Incanto (a large hamper). HLTC extend their sincere thanks to those involved.

There's plenty of tennis going on at the club and as the weather improves even more members will be down at the courts. Young and older players will be completing the winter Middlesex league rounds in the next few months, before the summer season begins and the teams vie once more for a good result in their division.

All inquiries are welcome. Please contact the club via the website at www.hltc.net



<http://www.hltc.net>
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New Member and Olympian Yamile Aldama with Coach Elaina Fordland



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